

2012 DC BLACK PRIDE WORKSHOP SCHEDULE

All rooms are in the Hyatt Regency Capitol Hill Hotel

updated May 23, 2012

11 – 12:15 p.m.

Yellowstone Room

But You Want To Put Your Name On It!: Cakes, cakes, cakes, sex, gay marriage, and the laws
Presenter: Holiday Simmons

We will discuss the implications of how such laws essentially made it “illegal” to be lesbian, gay, bisexual, and transgender. Participants will then have the opportunity to discuss aspects of their own sexualities that are informed by their sexual orientation and their gender identity/expression. Finally we will end on a discussion of the next frontier: gay marriage and how this relates to the control of our bodies, desires, and livelihoods.

Bryce Room

Claim Your Power! Estate Planning Workshop
Presenter: Michelle Lanchester

In this workshop, attorney Michelle Lanchester will show participants how they can benefit from the laws regarding powers of attorneys, advance health care directives, living wills, trusts, guardianships, conservatorships, life-care issues, probate and death-transition matters. She will explore basic estate planning definitions and tools with participants, and lead them on an experience of empowerment and lessons in love through the vehicle of effective estate planning strategies.

Grand Teton Room

Exploring Intergenerational Issues between Youth and Non-Youth
Presenters: Earl Fowlkes

This discussion will focus on social disparities between youth and non-youth members of the LGBT community, and how we can work to build a strong community between the generations.

Sequoia Room

Keys to Financial Success and Financial Independence
Presenter: New York Life

This is an interactive session in which participants will identify short- and long-term financial goals, while assessing their current financial situation. Participants will learn how to reach those goals using various tools, including: cover Cash Flow Analysis; Risk Protection; Investment (Asset Allocation); Tax Savings; and Retirement Planning & Estate Planning.

Everglades Room

Obesity in the Lesbian Community

Presenter: The Mautner Project

Sexual Minority Women (SMW) consistently report higher than ideal body weight. Obesity, in the context of research, seems linked to complex social, physiological, cultural, and behavioral influences as well as genetics. This workshop seeks to explore ways to honor SMW culture(s) while identifying, encouraging, obtaining/maintaining personal optimum healthy body size.

Glacier Room

Sexiness starts with "H"

Presenter: Nicole Bracey

Proper nutrition affects every part of your life. In order to feel sexy, look sexy, and be sexy you must take the necessary steps to adopt a healthy lifestyle. What is a healthy lifestyle? Getting the proper nutrition in your body and staying active. Those two factors together will increase your self-esteem, energy level, and sexiness. When you work on improving your insides, the outside will automatically follow. This discussion will cover: healthy food options and exercises that can be done at home with minimal equipment; the importance of reading the nutritional label and how to do so; and budget-friendly food options.

Yosemite

What's Love Got to Do with It?

Presenter: Mya Hart

Though research indicates that domestic violence among same-sex couples occurs at similar rates as domestic violence among straight couples, same-sex relationships lack the legal recognition, law enforcement protection, and victim resources available to their straight counterparts. This workshop will address the differences in abuse, types of abuse, and results of abuse that specifically impact our community

12:30 – 1:45 p.m.

Grand Teton Room

Black, Proud and Protected: Know Your Rights

Presenter: Michael Kirkwood, DC Office of Human Rights

This workshop will inform participants of their legally-protected rights under the DC Human Rights act regarding discrimination in employment, housing, public accommodations, and educational institutions here in DC. Specifically, the workshop will address participants being subjected to discrimination based on their gender identity/expression, sexual orientation, and/or race. In addition, participants will be given information on how to file complaints of discrimination with the DC Office of Human Rights and similar agencies around the country.

Bryce Room

Keys to Entrepreneurial Success and Wealth Creation

Presenter: Joani Ward

This workshop focuses on: identifying your passions/dreams and monetizing them; various business structures and the appropriate documents, licenses, and permits required to establish a business, website domain name, hosting, search engine optimization, and link building; marketing (social media and video); speaking and book publishing; and making educated financial decisions.

Glacier Room

Out While Aging

Presenters: Courtney Williams & Imani Woody

This discussion will tackle issues facing aging LGBT elders (such as unequal treatment in hospital visitation, health decision-making, nursing care policies, Medicaid regulations, Medicare and Social Security coverage, pension and tax regulations, housing rights, and a host of other issues) that fundamentally affect their financial security, health status, and quality of life, and how we can assuage these issues as a community.

Everglades Room

The Unexamined face of Depression and HIV

Presenters: Antoine Craigwell & Tree Alexander

This forum is intended to further conversations by providing information, knowledge, and encouragement to those who are HIV-positive and dealing with depression, and for those who may not even know they are depressed, to reach out and seek help. While there are many different causes of depression for Black gay men, this discussion is intended to examine stigma and discrimination from the Black community, the Black gay community, and the wider community as a whole. This forum will also examine the biological effects of HIV on the brain, including dementia and depression.

Yosemite Room

Understanding our Transgender Community

Presenter: Dr. Joanne Frederick Jefferson, NCC, LPC, LCPC

This workshop is designed to provide information about the transgender community to educate and enlighten others on the physical, emotional, and spiritual struggles of those who identify as transgender. Terms and their definitions will be presented and explored to assist in eradicating some of the myths and false presumptions about this population. During the discussion portion of this session, participants will be given an opportunity to ask questions and voice opinions as a means to foster a more positive inclusion of those who identify as transgender. Dr. Jefferson believes that educating ourselves is one of the strongest and most necessary steps we have as a means to unite and strengthen the relationships of those within the LGBTQ community and advocates.

12:30 – 2 p.m.

Congressional Room A

The Key to the Perfect Orgasm

Presenter: Angela Harvey

This empowering, interactive and erotic workshop empowers individuals to consider different and unique ways of achieving sexual pleasure and intimacy in their relationship through open and honest communication. We'll come to conclude and embrace the notion that TALKING about SEX in our relationships is sexy and healthy.